



# COMPETITIVE EVENT UPDATE

## What's **NEW** in 2010-11?

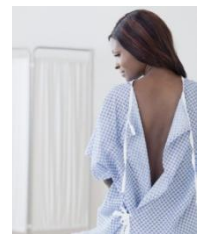


### MED LAB AND BIOTECH COMBINED

The Medical Laboratory Assisting event has been combined with the Biotechnology event. The new event will keep the Biotechnology title but will include skills from the Medical Laboratory Assisting event. The revised event is designed to encourage HOSA members to investigate careers in medical laboratory science while learning about careers in medical biotechnology.

### NURSING ASSISTING AND PERSONAL CARE

A new skill has been added to both events. In addition to the existing skills, competitors may be asked to "Change a patient's gown."



### NOTEBOOKS

In order to create more flexibility, competitors in events that require a portfolio or notebook will have an option of using the NBK150, NBK250, OR PBK2002, all from Awards Unlimited. (Just be sure your materials fit in the official HOSA notebook or portfolio you choose.)

### ALL EVENT ORIENTATIONS

Competitors are required to bring a copy of the event guidelines to the event orientation (one copy per team).

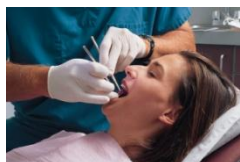
Here's why. Every year, hundreds of talented competitors are not recognized for their achievements in HOSA events because they did not follow the directions. As future healthcare professionals, you are responsible to know what to bring, where to be, what to wear, and how to compete.

Your guidelines will be referred to during the event orientation, and guidelines are NOT considered to be study materials. They are the key to a successful event experience.

HOSA		EVENT GUIDELINES
<b>NURSING ASSISTING</b>		
<b>Purpose:</b>	To provide the Health Science student with an opportunity to develop and demonstrate knowledge and skills in nursing assisting.	
<b>Description of Event:</b>	This event will consist of two rounds of competition. Round One will be a written, multiple choice test of knowledge and understanding. The top scoring competitors will advance to Round Two for the performance of selected skill procedures identified in a written scenario. The scenario will require the use of critical thinking skills. The performance will be timed and measured according to the event guidelines.	
<b>Dress Code:</b>	Competitors shall wear proper business attire or official HOSA uniform, or attire appropriate to the occupational area, during the orientation and written test. Competitors will wear attire appropriate to the occupational area during the skill procedures. School identification or name pins must be removed or covered during competition. Bonus points will be awarded for proper dress.	
<b>Rules and Procedures:</b>	<ol style="list-style-type: none"> <li>Competitors in this event must be active members of HOSA in good standing in the category in which they are registered to compete (Secondary or Postsecondary/Collegiate). Competitors should compete in skill events at the highest level of their training.</li> <li>The test shall be developed from the National HOSA test item bank and will consist of fifty (50) multiple-choice items. Competitors will be given one hour to complete the test.</li> </ol>	
	Round One: Written Test Plan:	
	Communication	3%
	Personal Qualities	3%
	Ethical and Legal Responsibilities	3%
	Human Growth and Development	3%
	Anatomy and Physiology	15%
	Aging and Geriatric Care	3%
	Nutrition	10%
	Safety and Body Mechanics	10%
	Infection Control	10%
	Vital Signs	10%
	Nursing Assistant Skills	15%
	Metric Measurements/Conversions	3%

### PUBLIC HEALTH EMERGENCY PREPAREDNESS

There will NOT be an audience in Round One or Round Two of this event.



### DENTAL ASSISTING

The Vital Signs skill was deleted from this event.

## WHAT HAS NOT CHANGED? DRESS CODE

The dress requirements for HOSA competitive events are described in the event guidelines. Generally speaking, HOSA competitors wear business attire to their event orientation and event. For clinical skill events, HOSA members wear attire appropriate to the profession.

Professionalism is key – and HOSA competitors should dress to impress the judges.

## ADDITIONAL CHANGES

- **MRC Partnership** - Teams must bring two (2) copies of the portfolio pages printed on 8 ½ x 11 white paper, stapled at the top left corner, to turn in, along with the official portfolio, at the **EVENT ORIENTATION**.
- **CPR/First Aid and First Aid/Rescue Breathing** – If the AHA releases new CPR guidelines prior to November 1, 2010, the HOSA guidelines and NLC test will be updated to reflect the changes.
- **Biomedical Debate** – Teams have the option of bringing their prepared materials on a laptop, running on battery power, for use during the preliminary round and debate.
- **Sports Medicine** – A tape cutter was added to the equipment list.
- **Knowledge Tests: Nutrition** – The test plan was revised.
- **Health Professions Events** – At the NLC, these events will include one to three of the skill procedures included in the event guidelines.

## REMINDERS

- Be sure to read the General Rules and Regulations in the HOSA Handbook, Section B, for important information that applies to all HOSA competitive events.
- Any guideline updates made during the year are posted on HOSA's website at <http://www.hosa.org/natorg/sectb/index.html> on the top of the page.