



MN HOSA Fall Updates

MN HOSA State Officers Attend Washington Leadership Conference



The 6th Annual Washington Leadership Academy (WLA) was held in Washington, DC on September 15th- 18th prior to the State Advisor Management Conference (SAM). On the last day the State Advisors, State Officers and their Advisors spent the day on Capitol Hill visiting with respective members of Congress and their staff discuss health science education success with HOSA and to talk about our importance in the critical shortages in the healthcare workforce.

This was the largest WLA with over 115 participants with the chance to learn about HOSA, learn about our country history and how they relate to each other. The themes for the Academy included "Know Thyself, Know Thy Nation, Know Thy Industry and HOSA: Build a Better You which became this year's National Theme. With the themes the HOSA members had the opportunity to visit the national institute of Health and Medicine. HOSA also had the honor of having National HOSA Officers to Lay a Wreath at the Tomb of the Unknown Soldier at Arlington Cemetery.

The experience was energizing and surreal for MN HOSA State Officers Molly Dahl, President, Mariah Jo Wanless, Vice President, Nusla Mohamed, Mankato and Region II National Officer and Advisors Candy Leopold, State Advisor, Connie Sullivan from Blaine and Kim Mueller from Mankato.

HOSA Officers met in the Dirksen Building in hearing room 106 to listen to staff of prominent members of Congress to speak on the future of health care in America and the critical roll HOSA will play. Speakers included Representatives, Senators, and Legislative Aides from California, Virginia, and Texas. Panels on Health Literacy and Health Care and Technology Debra Robinson from NACCHO, Captain Rob Tosatto, Office of Civilian Volunteers of the Medical Reserve Corps, Scott Johnson, Commander, US Navy Corps and Marko Mijic, former national officer, currently working in the Office of the Assistant Secretary of Planning and Evaluation within the Department of Health and Human Services shared his career development and how HOSA played a part.

HOSA has a New Website Look.

Check it out at

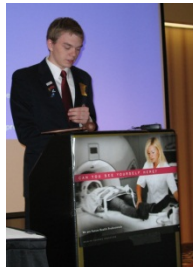
www.hosa.org

Find out about MN HOSA on the MN HOSA Website

www.minnesotahosa.org

MN HOSA Medical Reserve Corp

MN HOSA into First Year of a Great Volunteer Opportunity



It has been almost one year ago that MN HOSA was awarded their organization as a Statewide Medical Reserve Corps. 2012 is the 10th anniversary of the Medical Reserve Corps with over 1,000 units around the country. HOSA's partnership has resulted in greater visibility and interest in the Public Health Service as well as the USPHS Commissioned Corps. The outcome of this is a new course entitled "Introduction to Public Health".

This summer has begun the education and growth of the MN HOSA MRC with a partnership with Carver County MRC in Chaska with HOSA students leading a session for elementary students about disaster preparation with making a Plan 9 Kit. A partnership with the Department of Health, Public Health Emergency Preparedness has led to DRAT (Disaster Response Action for Teens) project.

Partnerships have begun and the growth of the MRC is starting in many of the local chapters. The goal is to have 100 members completing the training goals and providing three teaching opportunities to their communities, partnering with other local emergency response teams.

The Medical Reserve Corps was developed at the response of 911 and it is our job to help make sure all citizens are aware, prepared, and educated on all disasters.

At the 2012 Fall HOSA Conference we were honored to have the Jeannette Tandez, Regional Coordinator, Region V speak about the work of the MRC and how HOSA can be a valuable asset. An educational session on Orientation to the MRC was provided with Nancy Carlson from the Department of Health, Public Health and Jayden Lemaire, HOSA State Officer – MRC Student Representative and an exhibit about the MRC with Ramsey County Coordinator Rich Regan and Carver County Coordinator Deb Larson were a success.

Competitive Event Updates

Title Changes

Public Health Emergency Preparedness changed to: Public Health

- National Recognition Program changed to: National Recognition Portfolio
- Chapter Newsletter changed to: **HOSA Happenings: Multimedia Chapter Communication Event**

CERT Skills: The guidelines have been revised to reflect the 2011 CERT curriculum updates.

- The revision includes a new skill and a second option for a current skill.

Healthy Lifestyle

Addition of text resource – *Dr. A's Habits of Health* by Dr. Wayne Scott Anderson.
Revised test plan and editorial changes.

Biomedical Debate – Round One Test Clarification

There will not be a test plan or recommended resources. Instead, competitors are encouraged to learn as much as they can about the topic.

The test will be developed to measure broad concepts as described in a variety of Internet resources. The following search strings were used in identifying relevant resources for the 2012-13 Round One test:

- Lifestyle rationing
- Medical (physician) ethics
- Healthcare rationing
- Effects of lifestyle on health

Medical Reading

- MAJOR CHANGE for 2012-13.
- Individual event in Health Science category.
- One written test with 50 multiple-choice questions and 5 short essay.

Outstanding HOSA Chapter

- MAJOR CHANGE for 2012-13.
- The event concept remains the same but the rating scale format has changed to a rubric.

NEW Knowledge Test

- DELETED Concepts of Health Care.
- ADDED **Medical Law and Ethics.**

Event Topics

- The event topic for each event is included in the event guidelines at <http://www.hosa.org/natorg/sectb/index.html>
- A complete list of all event topics can be found at <http://www.hosa.org/member/topics12.pdf>

Dress Code

- The specific dress code for competitive events can be found on the first page of the event guidelines.
- The dress code for the General Sessions at the HOSA National Leadership Conference may be different from the dress code for your specific event.

National Service Project - Cystic Fibrosis

About
Cystic Fibrosis



At the 2012 National Leadership Conference in Orlando Florida, the HOSA Executive Council and State Voting Delegates chose Cystic Fibrosis as the National Service Project for 2012-2014.

MN HOSA has made a connection with Joel Sutherland Executive Director-

Volunteers are the key to our success, and we encourage you to get involved! Whether you join a committee and help get sponsors for an event, recruit companies to put together walk teams or volunteer time in our office, you help us achieve our mission—curing and controlling cystic fibrosis. Take a moment to see what a difference you can make by supporting events throughout the year. Together, we can continue adding tomorrows every day to the lives of people with CF.

Joel Spoke at the Fall Conference with energy and determination for the Foundation. His words were that in the future instead talking about CF as Cystic Fibrosis we will talk about CF as “Cured Forever”!

MN HOSA has taken a first step with 50 volunteer members helping with the Mortenson Construction Breath for Life and Twins Cities Awards Gala fundraiser in Minneapolis on November 17th.

Look for more from the partnership with MN HOSA and Cystic Fibrosis.

MN HOSA Board

MN HOSA is appreciative of its Industry and Educational Board.

Without a board there would be no direction, no connections, or value to our organization. Board members are the voice, platform and our backbone to getting the word out to students about healthcare professions and how to achieve their goals.

They are mentors, speakers, judges, and supporters of all of HOSA activities. We have long time members, new members and returning members. We are definitely 100% healthcare with our board.

Candy Leopold - MN HOSA State Advisor

Regina Pekarek, Chair-Fairview Healthcare Systems

Jon Ninas, Chair-Elect- Mayo Clinic

Mary Jo Huebner, Past-Chair- Allina Hospitals & Clinics

Dan Olson, MNFSO Rep

Ardel Harberer, Treasurer- HealthForce MN

Bill Neiss, Secretary- Spring Lake Park High School

Guy Finne- Mayo Clinic

Tara Gundacker- North Memorial Hospital

Jon Peterson- Argosy University

Christy Madar Allina- United Hospital

Jodi Dettmann-Mayo School of Health Sciences

Pat White -Children's Hospital

Adam Suomala - Aging Services of MN

Chuck Rud - Northeast Metro #916

Connie Sullivan, MNHSEA Chair -Blaine High School

David Waage- St. Cloud Hospital- Centra-Care

Gaye Hanson- Ignite Us

Jessi Atkinson- Park Nicollet Health Services

Kim Egan- Regions Hospital

Juanita Martinez -St. Katherine's University

Molly Dahl -MN HOSA State President

Karen Powell- Health Partners

Eva Scates-Winston - Minnesota Colleges & Universities

Ellen Schneider

Sonya McNamara- Project Lead the Way

2012 Fall Leadership Conference

November 8th & 9th at the Holiday Inn St. Paul East was full of excitement, anticipation, and energy. It was the 34th MN HOSA Fall Leadership Conference with Educational Sessions, Guest Speakers, Exhibits and Election of the 2012-2013 MN HOSA Officer Team. Thanks to all of our Industry Partners, Educational Presenters and Guest Speakers for making the day valuable to all participants. The highlights included a former HOSA member Bobbi Kochevar; now Laboratory Manager at Children's Hospital and Clinics. Her story was entertaining, educational and humorous which left students with an understanding of goals and what and how they will reach them with HOSA being a valuable beginning, Joel Sutherland, Director of Cystic Fibrosis Foundation, and Jeannette Tandez, Region V MRC Coordinator.

Educational Sessions were inspiring, hands on and diverse. Exhibits added college information, career opportunities and lots of "free stuff" (as stated by one student evaluation).

A complete success!

It was also the time that the new HOSA officer Team was elected. The process included a completed application, an interview with a team of Board members, a speech and voting by their peers. This year's 2012-2013 MN HOSA Officer Team was duly installed on November 9th and at that time began their duties.

The Team includes:

Molly Dahl- Mankato- President
Mariah Jo Wanless- Blaine- Vice President
Tiana Pederson- St. Francis- President-Elect
Claire Park- Mankato- Secretary
Ellie Anderson- Duluth- Historian
Gabby Pluym- Mankato- South Region VP
Emily Beaudry- Duluth – North Region VP
Jill Podobinski- Northeast Metro 916 – Central Region VP
Jayden Lemaire- Northeast Metro 916- MN HOSA MRC Student Rep.



MN HOSA Upcoming Events for 2012-2013

December 14th & 15th
January 3rd
January 4th
April 17th -19th
June 26th – 30th

MN HOSA State Officer Training
Metro Mid- Winter Events Day
Rochester Mid-Winter Events Day
Spring Leadership Conference
National Leadership Conference

St. Cloud Best Western Kelly Inn
Argosy University- Eagan
Rochester Community College
St. Cloud Best Western Kelly Inn
Nashville, Tennessee